

# Create a **FOIL RELIEF**

*A RELIEF is a sculptural technique consisting of shapes attached to a surface so as to stand out from the surrounding background. The term relief is from the Latin verb relevo meaning "to raise."*

## **SUPPLY BOX**

piece of cardboard • Elmer's glue • aluminum foil  
paint brush • Markers, assorted colors  
paper towel • assorted materials such as straws, bottle caps, plastic lids, string, nuts, washers, various shapes of cardboard scraps



## **DESIGN A RELIEF**

Arrange the assorted materials on the piece of cardboard. Experiment with pattern, texture and the layering of smaller objects on top of larger objects.

## **GLUE YOUR DESIGN**

Use glue to attach the assorted materials onto the cardboard. Set aside to dry.

## **ADD FOIL**

Spread a thin layer of glue over the surface of your design using a brush. Cover the glued surface with a sheet of crinkled foil. Wrap the excess foil over the end of the cardboard on all four sides.

Use your fingers to rub and smooth the foil.

## **ADD COLOR TO YOUR DESIGN**

Use markers to add color to your design.

